

## **Copper Shores Meals On Wheels**

April 2024

For Reservations Call 483-1155 Between 8:30 A.M. And 3:00 P.M. The Day Before Or Earlier

|   | 1 01 110001 ( 0001010 0 0011 1 00 1 1   |   | 3.00 1.1vi. The Day Deloie Of   |   |
|---|---|---|---|---|
| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
| 1   | 2   | 3   | 4   | 5   |
| Chicken Tenders Sweet Potato Tots Mixed Vegetables Fruit Cocktail     | Swedish Meat Balls<br>Noodles<br>Glazed Carrots                                 | Birthday Cake!!<br>Cheeseburgers<br>Potato Wedges<br>Green Beans        | Sweet & Sour Pork Wild Rice Mixed Vegetables Fortune Cookie                                       | Pepperoni & Sausage<br>Pizza<br>Salad<br>Fresh Fruit                                  |
| 8   | 9   | 10  | 11  | 12  |
| Ham, Egg, & Cheese<br>Croissant<br>Potatoes O'Brien<br>Apple Slices   | Bratwurst W/Bun Baked Beans Cucumber Salad Peaches                              | Lamb Stew W/W Roll Cookie   | Turkey Wrap W/Swiss Fresh Peppers W/ Ranch Coleslaw   | Salmon Burgers Ancient Grains Squash Fresh Fruit                                      |
| 15  | 16  | 17  | 18  | 19  |
| Sausage & Spinach Soup<br>W/Tortellini<br>Biscuit<br>Mandarin Oranges | Teriyaki Chicken<br>Seasoned Rice<br>Mixed Vegetables<br>Fruit & Yogurt Parfait | Meatloaf Garlic Mashed Potatoes Roasted Broccoli Brownie Delight        | Chef's Salad<br>Ham, Turkey, Egg, Cheese,<br>Tomato, Cucumber, Onion,<br>& Cabbage<br>Fruit Salad | Baked Trout W/Wild Rice<br>Cucumber & Radish Salad<br>Mixed Vegetables<br>Fresh Fruit |
| 22  | 23  | 24  | 25  | 26  |
| Turkey Tacos<br>Refried Beans<br>Green Salad<br>Pudding               | Pork Loin Stewed Tomatoes Roasted Reds Fruited Jell-O                           | Spaghetti<br>W/Italian Sausage<br>Garlic Bread Green Beans<br>Fruit Cup | Italian Beef Subs Peas & Carrots Pickled Beets  | Cabbage Rolls<br>Glazed Carrots<br>Apple Crisp  |
| 29  | 30  |   |   |   |
| Kielbasa & Sauerkraut Three Bean Salad Roasted Potatoes Pineapple     | Beef Parmesan W/Noodles<br>Vegetable Medley<br>Cinnamon Applesauce              | MENU MAY VARY DUE TO<br>AVAILABILITY SUPPLY<br>AND DEMAND               | ALL MEALS INCLUDE<br>1% MILK  |   |