



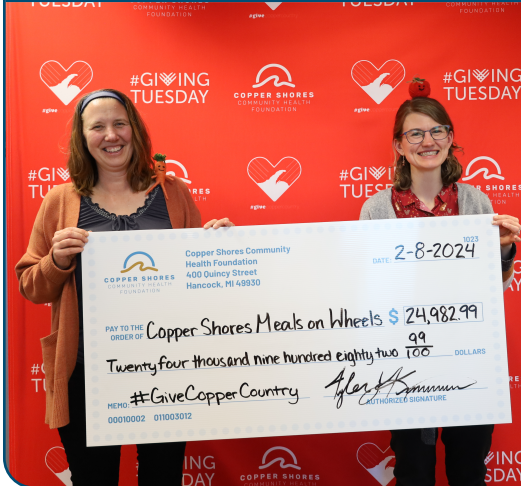
**COPPER SHORES**  
MEALS ON WHEELS

**Winter 2024**

**NEWSLETTER**

1(906) 483-1155

## #GivingTuesday results are in!



Thank you to every person who donated to us for #GivingTuesday in 2023. The community brought in \$24,982.99, and we couldn't be more thankful! These funds will go towards kitchen improvements and recipe upgrades.

## March for Meals

In March, we're joining Meals on Wheels programs across the country to celebrate the addition of the senior nutrition program to the Older Americans Act. We hope you'll consider joining us to learn more about what we do and meet some of the people behind the scenes that make it all a reality. All events are open to the public.



**March 6:** Hancock Kitchen Open House (10 a.m. - 1 p.m.)

**March 13:** Chair Yoga + Lunch at Chassell Fire Hall (11:15 a.m. - 1 p.m.)

**March 27:** Lunch + Painting + Aurora Borealis Slideshow at Lakeview Manor (12 - 2:30 p.m.)

**March 30:** Chuck-a-puck at Calumet Wolverines game (6 - 8 p.m.)

Please pre-register for the March 13 and March 27 events by emailing McKenzie Hart, at [mhart@coppershores.org](mailto:mhart@coppershores.org) or by calling (906) 483-1155.

**821 Water Street | Hancock, MI 49930**

Learn more at [coppershores.org/mealsonwheels](https://coppershores.org/mealsonwheels)

Copper Shores Meals on Wheels is a program of Copper Shores Community Health Foundation. Copper Shores Community Health Foundation is a 501(c)(3) that complies with Title VI of the Civil Rights Act of 1964, which prohibits discrimination based upon race, color, and national origin.

## Equipment upgrades

We're nine months into the \$1.28 million in funding we received to improve local food options at Copper Shores Meals on Wheels and our most recent purchase included \$44,000 in equipment upgrades! These upgrades mean that we can slice and dice even faster, saving hours of prep time. What's even better, we have more time to make things from scratch, and the ability to process and freeze food to ensure that you receive delicious and nutrient-rich meals all year long.



## Contest: Help us rename our Congregate Meal Program

We're holding a contest to rename our Congregate Meal Program. The public is asked to think of creative and unique names that encompass the purpose of the program, which is to provide area seniors with a space to gather with friends, meet new people and enjoy a nutritious meal. The winner will receive \$25 in Keweenaw Cash. During the month of March, participants can submit name suggestions to [mealsonwheels@coppershores.org](mailto:mealsonwheels@coppershores.org), by calling 1(906) 483-1155 or visit our website at [coppershores.org/congregate-sites](http://coppershores.org/congregate-sites). The winning name will be announced in April.

## Local food throughout the winter



We not only bring you locally grown food in the summer, but winter too! This season has been full of Copper Country staples including pasties from Krupp's in Twin Lakes, locally raised meat from Frozen Farms Co. and vegetables/seasoning we were able to flash freeze for later use. Thank you to the amazing food producers we work with. Visit [coppershores.org/local-partners](http://coppershores.org/local-partners) to see a full list of our local partners!